

SELF-HELP GROUPS

- Women with endometriosis can support each other in self-help groups.
- We support self-help groups.

Women can meet and talk to each other in self-help groups.

Tip:

You can find self-help groups all over Germany on our website.

www.endometriose-vereinigung.de

WHO ARE WE?

Our association is called:

Endometriose-Vereinigung Deutschland e.V. It was established by women with endometriosis more than twenty years ago.

We support people with endometriosis all over Germany.

We are no doctors.

We make endometriosis better known to the public.

DO YOU WANT TO KNOW MORE?

On our website www.endometriose-vereinigung.de you will find:

- a lot of information on endometriosis
- a list of hospitals that are familiar with endometriosis
- a list with self-help groups and
- flyers and brochures you can order.



Our postal address is:

Endometriose-Vereinigung Deutschland e.V.
Bernhard-Göring-Str. 152 04277 Leipzig



We provide counselling by phone:

0341 3065 304



You can also send us an e-mail:

info@endometriose-vereinigung.de



Our website is:

www.endometriose-vereinigung.de



You can find us on Facebook:

EndometrioseVereinigungDeutschland



You can find us on Instagram:

endometriose_vereinigung

This flyer is written in plain language. We have further information on endometriosis in German. This information is not written in plain language.



ENDOMETRIOSE – VEREINIGUNG
DEUTSCHLAND E.V.

Endometriose-Vereinigung Deutschland e.V.
info@endometriose-vereinigung.de

SEVERE MENSTRUAL PAIN?

FATIGUE?

UNWANTED CHILDLESSNESS?

IT COULD BE
ENDOMETRIOSIS

ENDOMETRIOSIS
SIMPLY EXPLAINED



ENDOMETRIOSE – VEREINIGUNG
DEUTSCHLAND E.V.

SEVERE MENSTRUAL PAIN CAN INDICATE ENDOMETRIOSIS.

If you feel strong pain in your (lower) abdomen, contact your doctor.

Reason: endometriosis is a disease and has to be treated medically.

Other words for menstruation are also: cycle or period

WHAT IS ENDOMETRIOSIS?

Endometriosis makes tissue grow where it doesn't belong.

For example outside the uterus. This tissue can inflame. This can be very painful. Sometimes these inflammations can also start to bleed.



ENDOMETRIOSIS

Possible spots for endometriosis to form. Endometriosis can develop in many places.

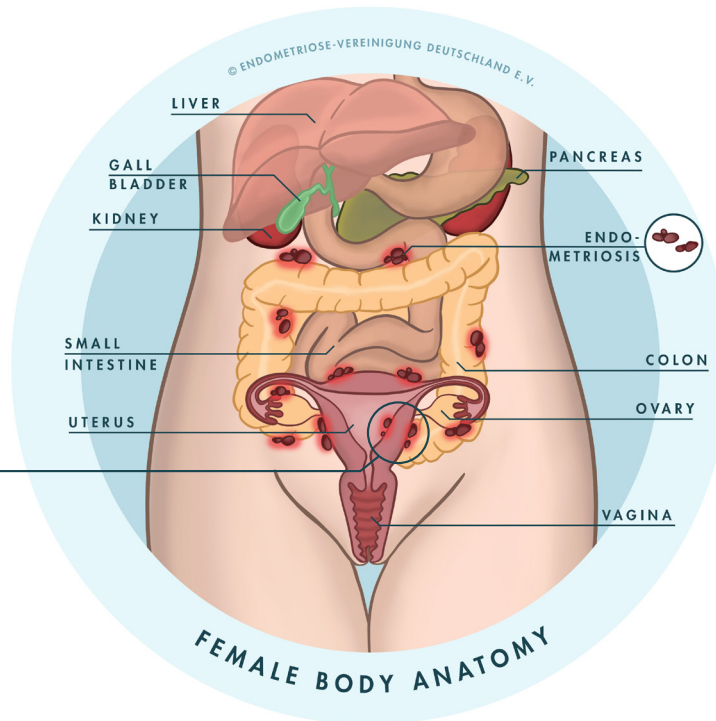
Endometriosis often causes pain:

- in the (lower) abdomen
- in the back and down to the legs
- when on the toilet and/or
- during sex

Some people with endometriosis can't get pregnant.

If you have such pain, contact your doctor!
Some doctors know a lot about endometriosis.

THE CHAMELEON OF GYNECOLOGY.



Endometriosis can strongly differ from case to case. That is why it is also called the chameleon of gynecology.



THE CHAMELEON OF GYNECOLOGY.

Tip:

You will find a lot more information on our website:

www.endometriose-vereinigung.de

WE CAN HELP YOU. WE CAN SUPPORT YOU.

We can give you advice.

Our counsellors are well educated. They are happy to help you with your questions.

For example

- What can I do?
- Who can I talk to?
- How do I find a doctor?

We provide counselling by phone.

Contact us at this phone number and make an appointment: **0341 3065 304.**

Our counselling service is for free.
Our counselling by phone is in German.

WE

SUPPORT

YOU!